

# LESSONS LEARNED FROM LOSSES

MAY 2018 – FIELD DAY SAFETY



- School Field Days can help boost school spirit and build rapport among students, staff and the community.
- Unfortunately, these activities occasionally lead to preventable injuries for staff and students alike.
- If morale and goodwill are the goals, consider alternative activities that require little to no physical stress to help prevent such incidents.
- This not only reduces the risks of injuries but also encourages inclusion in events for staff and students with physical limitations.
- Alternatives can include trivia games and talent shows.
- If it must include a sport such as basketball, consider a free throw competition or H-O-R-S-E.
- There are ways to keep it sports themed without exerting the physical stresses some sports require.
- All active participants should stretch before any physical activity.

## Examples:

- 26 year old teacher stepped in a hula hoop and lost her balance, did not fall but fractured her hip. \$287K was paid out on this claim.
- 48 year old teacher was playing a basketball game with students when her heel was stepped on by a student and she felt a pop in her heel. The ruptured Achilles tendon was surgically repaired and the total claim's payout, at this time, is \$69K.